



Care & Development
Organization (CDO)

Uplifting the People with Care

Free Medical Camp

CDO- Nepal in coordination with Dr. David E Monahan - Map International conducted Free Medical camp for the brick and carpet factory workers on 31st Oct and 1st Nov 2010 in Badagoan t and Kantipur brick factory, Godawari Kathmandu.

Most of these workers were IDP (Internal Displaced people). Extreme poverty has left them without access to either education or health care. Unsanitary working and living conditions and hazardous work, combine to pose very serious health threats that have gone unaddressed.

Low income and more children hardly allow them for any proper diet or medical care. Many traditional practices during the time of pregnancy, delivery make both mother and children weak and unaware of the maternal care, vaccines make the children victim of various diseases and even death. So this program are the really need of them.



The total number of patients in carpet factory were 57 and brick factory were 37.

Sickness found in patients:- Back pain, eye infection, Bronchial asthma, body ache, chest- infection, high pressure, cold and cough, heart problem, Gastritis and allergy, high pressure, skin problem and dizziness.



Words of Nilam Shrestha,

“I work in carpet factory since 10yrs. I was not able to work properly since 1 yrs as I was having severed wrist pain and back pain. I got medicine in medical camp and that medicine helps me to get better”.

She ended her words saying “Thanks to the Doctor for the medicine”.



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Patient's words

CDO health worker- Jyoti Devokota done follow-up for the needy patients for two week and found that-



Dr. David medical
check-up to Bimla
Shrestha

- ❖ **Surja Lal Shrestha** from carpet factory who had foot skin problem, get little bit better from the ointment Cream that he got in camp.
- ❖ **7 patients** got relief from the back pain and knee pain by the medicine tab -Advil 200mg he got in the camp.
- ❖ **Bimala Shrestha**, from brick factory was referred for skin test, she was taken to Patan Hospital by CDO health worker and nothing was found in result. Cough syrup makes her relief from cough.
- ❖ **Kashag Lama**, having severed breast pain from the carpet factory, who was refer to the hospital, will be taken to the hospital by CDO health worker this week.
- ❖ **Krishna Maya Pahari**, 42 yrs BP 140/96 HR 88 had headache, dizzying and knee pain. After following the instruction of the pressure given by health worker and taking the medicine given in camp, she is getting better.



Kamal Pariyar works in brick dust for 11 hours a day.

“Since 4 month I had head-ach, after coming to the medical camp I knew It was because for my eye problem.

Thank to the medical camp to aware me about my problem” added Kamal Pariyar in follow-up



Carol- Nurse taking BP and writing sickness



CDO Health worker distribution of medicines to the patients



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CDO words

Thank you so much for giving time for the needy people of carpet factory and brick factory. It was our great opportunity for us to have International medical team and volunteers from US in our medical camp.

Thanks to MAP International for your contribution of medicines. And hope to have continued support in future.

Once again thank you-

- ❖ Dr David E Monahan and his wife Sally
- ❖ Nurse - Carol Kerridge
- ❖ Ingrid Hoffmeister
- ❖ Vibeke Rowe
- ❖ Erika Hamiltan
- ❖ Jessica Hamillton
- ❖ Trine Amalie
- ❖ Christine D Casey
- ❖ Dawa Tamang



International medical team and volunteers from
US and CDO Nepal staffs.