

VITAMIN AND POLIO TO LIFE



Target group:- children below 5 yrs of brick kilns workers

Target place:- 8 brick kilns of Lalitpur district

Activities:- distribution of Vitamin A, polio drops and de-worming

Number of benefited from 2010 to 2012:-

178 got vitamin A

178 de-wormng

180 got polio drops

Every year on national Vitamin "A" and Deworming on 18 & 19th April and Polio day on 28th and 29th April CDO in coordination with Nepal government distribute vitamin A, Polio drops and de-worming to all the children below 5 years in 8 brick kilns. Health workers and mobilizes walked hut to hut and make sure all the children were given vitamin A, polio drops and de-worming tablet. Mass distribution of vitamin A was carried out in April before the beginning of the high-risk season of xerophthalmia, and in October to boost vitamin A stores to support accelerated child growth that often follows fall harvest

For publicity of the programme, all the children in Children Development Program(CDP)

<http://www.caredevelopment.org/6/Childhood-development.php>

www.youtube.com/watch?v=2TeI1t9NYCc

were informed and radio announcement given.



Polio drops distribution



Health education on immunization and safe motherhood was given to all mothers after polio distribution. Pamphlets were distributed with the aim to spread the health message to more mothers.

Year	Polio drops	Vitamin A	De-worming	Total number
2010	57	62	62	181
2011	98	115	115	328
2012	180	178	178	536



Maya K.C, mother of six children make bricks in Kantipur brick kilns and earn for her family. "I did not give any polio drops to my four children. From this health education I knew the important of it. Now i will give all vaccines, polio drops and vitamin to my children". Like her many women in brick kilns know nothings about basic health education.

Since 2005 CDO have been doing health education with health training to brick kilns workers and have benefited 28,538. Still there are lot of mothers and children in Nepal suffering due to the lack of health education.

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Health education: -
Important of polio,
vitamine A, De-worming,
safe motherhood and
child Care, immunization
and nutrition

Number of benefited:-
87 mothers



Giving two drops of life to insure that no child in brick kilns need ever suffer from the crippling disease of polio. Pamphlets were distributed with the aim to spread the health message to more mothers. It was so moving to look into these children's eyes and know that they will be safe from polio forever!



Some of the mothers after the health education and polio drops to their children

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